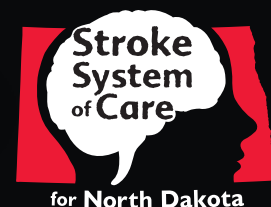




***FAST* Access to Stroke Care**



Stroke Facts

Stroke is a brain attack. Stroke occurs when blood flow to any part of the brain is disrupted.

Stroke requires emergency treatment. Every minute stroke goes untreated, 1.9 million brain cells die—affecting movement, speech, vision, memory, thought and emotions.

Up to 80 percent of strokes can be prevented by managing high blood pressure, high cholesterol and diabetes, eating a healthy diet, quitting smoking, and exercising five or more times a week.

Stroke can happen to anyone at any time, regardless of race, gender or age.

Every year, more than 795,000 strokes occur in the United States. One happens every 40 seconds. About every 4 minutes someone dies.

Stroke is the 5th leading cause of death in the United States. It is the 3rd leading cause of death for women.

Stroke is a leading cause of serious, long-term disability. Immediate treatment is critical to minimize the effects of stroke and increase the chances for recovery.

Know the sudden signs of stroke

- Sudden numbness or weakness of the face, arm or leg, especially on one side of the body
- Sudden confusion, trouble speaking or understanding
- Sudden trouble seeing in one or both eyes
- Sudden trouble walking, dizziness, loss of balance or coordination
- Sudden, severe headache with no known cause

If you see one or more of these signs, call 9-1-1 right away!

www.strokeassociation.org | www.stroke.org

Know the signs of stroke and call 9-1-1 for the fastest access to the Stroke System of Care for North Dakota.